

AMENDMENTS TO THE CLAIMS:

Please replace the claims with the claims provided in the listing below wherein status, amendments, additions and cancellations are indicated.

1. (Currently amended) Training apparatus, ~~characterized by~~
including:

a base stand which has a guide rail that extends in the right-and-left directions;

a slide base portion which can slide along the guide rail;

a foot stand which is provided over the slide base portion so as to be turned;

a connection means which engages a substantially-middle proper part of the base stand in the right-and-left directions and the foot stand, so that the sliding position and the turning angle of the foot stand can be correlated; and

a force giving means which gives the slide base portion a biasing force by which the slide base portion moves toward a substantially-middle position of the base stand in the right-and-left directions.

2. (Currently amended) The training apparatus according to claim 1, ~~characterized in that~~ wherein the connection means has:

a swaying arm one end of which is connected to the foot stand; and
a swaying-arm support portion which is provided in the base stand
and supports the side of the other end of this swaying arm so that the other-end side
can turn and rub freely.

3. (Currently amended) The training apparatus according to claim 2,
~~characterized in that~~ wherein the swaying arm is formed by a rod-shaped body, and
the swaying-arm support portion has a pair of rollers which holds the rod-shaped
body between the rollers.

4. (Currently amended) The training apparatus according to ~~any one~~
~~of claims 1 to 3, characterized in that as~~ claim 1, wherein the guide rail~~[[,]]~~
includes two guide rails are provided side by side, and the slide base portion holds,
at both ends thereof in the front-and-rear directions, each guide rail.

5. (Currently amended) The training apparatus according to ~~any one~~
~~of claims 1 to 4, characterized in that~~ claim 1, wherein the slide base portion has
a pair of rollers which holds the guide rail between the rollers in the up-and-down
directions.

6. (Currently amended) The training apparatus according to claim 5, ~~characterized in that~~ wherein among the pair of rollers which holds the guide rail between the rollers in the up-and-down directions, the axis of the upper roller is horizontal, and the axis of the lower roller is inclined.

7. (Currently amended) The training apparatus according to ~~any one of claims 1 to 6, characterized in that~~ claim 1, wherein the force giving means is a spring which is stretched between the slide base portion and the base stand.

8. (Currently amended) The training apparatus according to ~~any one of claims 1 to 7, characterized in that~~ claim 1, wherein the base stand has a handrail portion.

9. (Currently amended) The training apparatus according to ~~any one of claims claim 1 to 8, characterized by further including~~ claim 1, comprising a monitor which displays an image for a training guide.

10. (Currently amended) The training apparatus according to claim 9, ~~characterized by further including~~ comprising a controller which gives an instruction to switch the training-guide image that is displayed in the monitor.

11. (Currently amended) The training apparatus according to claim 10,
~~characterized in that~~ wherein the controller is disposed in the handrail portion.